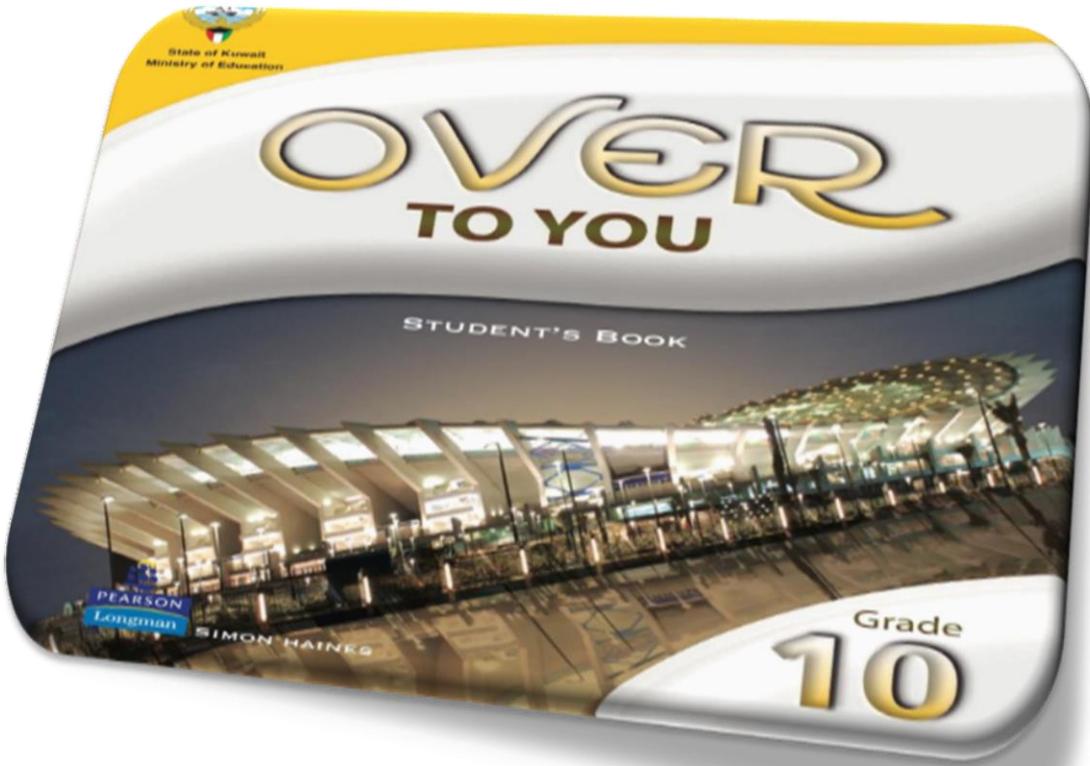


وزارة التربية

MINISTRY OF EDUCATION



GRADE 10

1st Semester Test Banks & Mock Exam

2021-2022

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GRADE 10 – UNIT ONE – VOCABULARY

A) From a, b, c and d choose the most suitable word that best completes each of the following sentences:

- 1- Because my father is a football, he hasn't missed any games for ten years.
a) speciality b) fanatic c) metabolism d) nutrition
- 2- Vitamins C and E are both They may combat many diseases.
a) antioxidants b) proteins c) deficiencies d) dieticians
- 3- While working in his garden, Harry's caused his finger to ache and become stiff.
a) protein b) metabolism c) arthritis d) eatery
- 4- Instead of folding his clothes, my brother had his clothes into a dresser drawer.
a) crammed b) probiotic c) grilled d) digestive
- 5- Coffee has the most, while tea contains somewhat less.
a) metabolism b) antioxidant c) caffeine d) protein
- 6- The imported products from Europe many customers in the Gulf area.
a) neutralise b) appeal to c) absorb d) metabolise
- 7- You can get bacteria from many types of food, such as yogurt.
a) crammed b) probiotic c) grilled d) atmospheric
- 8- My sister needs to have more and less sugar in her diet if she wants to be fit.
a) sodium b) protein c) caffeine d) speciality
- 9- Tourism has acted as a to the country's economy.
a) stimulant b) sodium c) caffeine d) calcium
- 10- When eating large meals, yoursystem will be overloaded.
a) crammed b) atmospheric c) grilled d) digestive
- 11- When you expose your body to extreme cold, your body'swill slow down.
a) metabolism b) sodium c) deficiency d) eatery
- 10- Healthy food and the right amount of vitamin help you.....diseases.
a) metabolise b) appeal to c) combat d) absorb

- 11- Old people may need to get the nutrients they might otherwise lack.
 a) dieticians b) deficiencies c) supplements d) antioxidants
- 12-has many functions in the body including the construction of bones and teeth.
 a) Speciality b) Calcium c) Arthritis d) Fanatic
- 13- Grandma prepared chicken sandwiches for lunch.
 a) crammed b) probiotic c) grilled d) atmospheric
- 14- Grilled steaks are a in the new restaurant near our office.
 a) pomegranate b) fanatic c) metabolism d) speciality
- 15- My mother is having a lowdiet this month due to her high blood pressure.
 a) pomegranate b) arthritis c) sodium d) eatery
- 16- As a person , my diet is full of fresh fruit, vegetables and grains.
 a) grilled b) vegetarian c) crammed d) digestive
- 17- This story will definitely to young adults and teenagers.
 a) absorb b) appeal c) combat d) metabolise
- 18- The farmers take advantage of the cool climate to grow....., pears and roses.
 a) cholesterol b) dietician c) pomegranate d) fanatic
- 19- It is safer not to go on any diet without consulting a/an first.
 a) eatery b) dietician c) arthritis d) stimulant
- 20- Many people experienced a drop in their levels when they had green tea.
 a) pomegranate b) eatery c) cholesterol d) fanatic
- 21- can be defeated by providing proper supplements.
 a) Pomegranate b) Protein c) Speciality d) Malnutrition
- 22- The blood tests I made revealed ain certain key minerals and vitamins.
 a) deficiency b) nutrition c) pomegranate d) fiber
- 23- I heard that a company is building a new in the town.
 a) supplement b) eatery c) protein d) calcium

24- Good is essential for a patient's recovery.

- a) nutrition b) fanatic c) deficiency d) arthritis

25-can ease up the digestive process. Make sure you eat lots of vegetables.

- a) Arthritis b) Fiber c) Eatery d) Fanatic

26- It is said thatC is great for skin and overall health.

- a) cholesterol b) dietician c) vitamin d) arthritis

27- Butter and cream contain a lot of You should eat less of it.

- a) saturated fat b) caffeine c) sodium d) speciality

B) Fill in the spaces with the most suitable words from the list below:

(arthritis- neutralise- dietician – metabolise – atmospheric - organic)

28- There's a new bakery that makes Italian whole grain bread.

29- I quite like the sea view, it is , specially in spring.

30- His body doesn't iron normally, so he needs an iron supplement daily.

31- Greek yogurt and probiotic drinks bad and good bacteria in the stomach.

32- The doctor explained that the sharp pains in my joints are caused by

C) Fill in the spaces with the most suitable words from the list below:

(wholesome- deficiency – combat - absorb – vegetarian - organic)

33- The farm's eggs were produced with chemical-free food.

34- Try drinking much water before and after the gym class to avoid water

35- The menu includes a wide selection of dishes for people.

36- I need to eat fresh fruits and vegetables in order to diseases.

37- A sponge will any liquids. It is used for that reason.

GRADE 10 – UNIT ONE – GRAMMAR

A- From a, b, c and d, choose the most suitable answer:

- 1- Whyyou standing on the chair when I came into the room?
a. are b. were c. been d. have been
- 2- We went to Rome last summer andmost of the holiday by the sea.
a. are spending b. spend c. spent d. spending
- 3- Tom lives in a/an house around the corner.
a. beautiful English old b. English old beautiful
c. old beautiful English d. beautiful old English
- 4- I was walking along the road when Ian old friend.
a. met b. meeting c. meet d. was meeting
- 5- I went to watch a basketball game yesterday. Most players were wearingshirts.
a. cotton large red b. red large cotton
c. large cotton red d. large red cotton
- 6- While Ia story, the train stopped suddenly.
a. am reading b. have read c. was reading d. reading
- 7- I Japan last summer. I had found that everything was different.
a. visit b. am visiting c. visited d. have visited
- 8- The sun brightly when suddenly it started to rain.
a. shone b. is shining c. was shining d. shines
- 9- Peter has manybooks in the attic.
a. interesting old history b. old interesting history
c. interesting history old d. old history interesting
- 10- We on the project when the teacher came into the room.
a. work b. were working c. are working d. worked
- 12- My little sister was sleeping soundly when I the room.
a. am entering b. entered c. enter d. has entered

B – From a, b, and c, choose the correct answer as required:

13- She dropped the **(old/ green/beautiful)** plate and it smashed. **(Reorder the adjectives)**

- a. She dropped the beautiful green old plate and it smashed.
- b. She dropped the green beautiful old plate and it smashed
- c. She dropped the old beautiful green plate and it smashed

14- While Rosie **(walk up)** the Regent Street, she met an old friend from college. **(Correct)**

- a. While Rosie walked up the Regent Street, she met an old friend from college.
- b. While Rosie was walking up the Regent Street, she met an old friend from college.
- c. While Rosie is walking up the Regent Street, she met an old friend from college.

15- My classmate bought a **(red new plastic)** lunchbox. **(Reorder the adjectives)**

- a. My classmate bought a red new plastic lunchbox.
- b. My classmate bought a red plastic new lunchbox.
- c. My classmate bought a new red plastic lunchbox.

16- While I was studying history my friend **(come)** in. **(Correct)**

- a. While I was studying history my friend was coming in.
- b. While I was studying history my friend came in.
- c. While I was studying history my friend comes in.

17- The students **(have)** a test when the storm started. **(Correct)**

- a. The students had a test when the storm started.
- b. The students were having a test when the storm started.
- c. The students are having a test when the storm started.

18- We **(see)** a fallen star while we were fishing by the lake. **(Correct)**

- a. We were seeing a fallen star while we were fishing by the lake.
- b. We Saw a fallen star while we were fishing by the lake.
- c. We are seeing a fallen star while we were fishing by the lake.

19- She went home and sat on her **(wooden old comfortable)** chair.

(Reorder the adjectives)

- a. She went home and sat on her old wooden old comfortable chair.
- b. She went home and sat on her wooden old comfortable chair.
- c. She went home and sat on her comfortable old wooden chair.

20- My mom asked me to put the cups in a **(round little new)** box.

(Reorder the adjectives)

- a. My mom asked me to put the cups in a little new round box.
- b. My mom asked me to put the cups in a round little new box.
- c. My mom asked me to put the cups in a round little new box.

21- I stayed up late because I **(discuss)** a problem with my brother the whole night.

(Correct)

- a. I stayed up late because I discuss a problem with my brother the whole night.
- b. I stayed up late because I was discussing a problem with my brother the whole night.
- c. I stayed up late because I discussed a problem with my brother the whole night.

GRADE 10 – UNIT ONE – LANGUAGE FUNCTIONS

A- Choose the right response from a,b,c and d :

- 1- Your friends asked you what you'd like to do this weekend.
- a. Yummy, that cake tastes good
 - b. I am sorry to disturb you, but the floor is wet.
 - c. Watch out! There's a car heading towards us.
 - d. I am going to the cinema. There's a new movie coming out.
- 2- A friend of yours asked you to go out for a walk by the sea.
- a. What an interesting article!
 - b. I prefer walking in Al-Wafra farms first, how about that?
 - c. I hope it's okay to postpone the meeting, I am very busy now.
 - d. I would like to have a vegetarian sandwich, please.
- 3- You did so much homework. Ask your Mum for a break.
- a. Mum, may I take a short break, please?
 - b. I would like to live in the village.
 - c. Let's go to the chalet for the weekend and celebrate.
 - d. My name is Ahmed, and I am an Engineer.
- 4- The air hostess asked you whether you would like a window or an aisle seat.
- a. It doesn't matter, I don't mind sitting anywhere.
 - b. Hurry, the train is leaving!
 - c. When is the next exam coming?
 - d. Happy birthday dearest Dalal!

B- Write what you would say in the following situations:

- 5- It was your first day of school, the teacher asked you to introduce yourself.

..... .

- 6- A company is going to build wind turbines in your city.

..... .

7- Your father asks about your plans for the coming vacation.

..... .

8- Your teacher wants you to compare fast food and home-made food.

..... .

GRADE 10 – UNIT ONE – SET BOOK QUESTIONS

A) Choose the correct answer from a,b,c and d :

1- What are the different ways that may help improve our health?

- a. eating at restaurants every night with your friends.
- b. having cake for lunch and dinner instead of full meals.
- c. eating fast food and drinking fizzy drinks early in the morning.
- d. adding probiotic drinks, drinking green tea, and eating healthy food.

2- How can we boost our immune system ?

- a. By concentrating on eating cheese and milk only.
- b. By staying away from diary products and avoiding fish.
- c. By drinking probiotic drinks such as Yakult and Actimel.
- d. By neutralizing good bacteria by eating food with good bacteria.

3- Why is dark chocolate essential in a healthy diet?

- a. It keeps your spirits low.
- b. It contains bad bacteria.
- c. It can cause infections and illnesses.
- d. It can lower blood pressure and it's able to metabolise sugar.

B) Answer the following questions:

4- How can you keep your mind and body in tip top shape ?

.....
.....

5- What are the cons of a vegetarian menu?

.....
.....

6- What are the pros of a vegetarian menu?

.....
.....

7- What are the benefits of green tea?

.....
.....

8- What is the difference between “good” and “bad” bacteria?

.....
.....

9- Why are antioxidants so good for our bodies?

.....
.....

GRADE 10 – UNIT ONE – EXPOSITORY WRITING

Write on the following topic: (Expository)

Your food choices each day may affect your health - how you feel today, tomorrow, and in the future.

Plan and write **an essay** of **12** sentences (140 words) **explaining what a healthy diet should include and how it can affect your health in the future.**

Outline

Introduction:

Body:

Paragraph 1:

Paragraph 2:

Conclusion:

Rubrics for Checking Writing

Exposition of ideas and coherence	Paragraphing and number of sentences	spelling	grammar	Hw, spacing and punctuation	Total
40	10	10	10	10	80

- **20** marks to be deducted from the total mark for changing the format.
- Off point topics / outlines receive **ZERO**.
- **5** marks to be deducted from the outline if the ideas are not used in the topic.

GRADE 10 – UNIT ONE – READING COMPREHENSION

- Read the following passage carefully, then answer the questions that follow:

How do you remember the way to your friend's house? Why do your eyes **blink** without you ever thinking about it? Your brain is in charge of these things. In fact, your brain is the boss of your body. It runs and controls just about everything you do, even when you're asleep. Not bad for something that looks like a big gray wrinkly sponge.

A brain has many different parts that work together, for example, the Cerebrum, Brain Stem, Pituitary Gland and Hypothalamus. The biggest part of the brain is the cerebrum. The cerebrum is the thinking part of the brain and **it** controls your voluntary muscles — the ones that move when you want them to. So you need your cerebrum to dance or kick a soccer ball. You need your cerebrum to solve math problems, and draw a picture. Your memory lives in the cerebrum — both short-term memory and long-term memory. The cerebrum has two halves. Scientists think that the right half helps you think about abstract things like music, colours, and shapes. The left half is more analytical, helping you with math, logic, and speech.

Another important part of the brain is the cerebellum which is a lot smaller than the cerebrum. It controls balance, movement, and coordination, how your muscles work together. Because of your cerebellum, you can stand upright, keep your balance, and move around. Think about a surfer riding the waves on his board. He needs his cerebellum to stand and control his movement. The brain stem is in charge of all the functions that your body needs to stay alive, like breathing air, digesting food, and circulating blood. The pituitary gland is very small. Its job is to produce and release hormones into your body. The hypothalamus is like your brain's inner thermostat. The hypothalamus knows what temperature your body should be. If your body is too hot, the hypothalamus tells it to sweat. If you're too cold, the hypothalamus gets you shivering.

From a, b, c and d, choose the correct answer:

- 1- The best title for this passage is:
 - a. Parts of the Body
 - b. Parts of the Brain
 - c. Abstract Knowledge
 - d. The Pituitary Gland
- 2- The underlined word “**blink**” in the 1st paragraph means:
 - a. shut and open
 - b. succeed and fail
 - c. run and stop
 - d. start and finish
- 3- The underlined word “**it**” in the 2nd paragraph refers to:
 - a. the brain stem
 - b. the brain
 - c. the hypothalamus
 - d. the cerebrum
- 4- According to the 3rd paragraph, the pituitary gland:
 - a. controls everything.
 - b. keeps your body on low temperatures.
 - c. produces and releases hormones into your body.
 - d. helps you remember the way to your friend's house.
- 5- All the following sentences are **TRUE EXCEPT**:
 - a. We blink without thinking about it.
 - b. We need the cerebellum to solve problems and draw pictures.
 - c. We need cerebellum to stand and control our movement and stand straight.
 - d. We need the hypothalamus to allow our bodies to sweat whenever we feel hot.
- 6- The writer’s purpose in writing this text is:
 - a. To analyze different parts of the brain and their functions.
 - b. To tell us how the brain works.
 - c. To explain how to keep fit and healthy.
 - d. To state the benefits of sleeping.

Answer the following questions:

7- What is the function of the brain stem?

.....
.....

8- Which part of the brain is more important for a football player?

.....
.....

GRADE 10 – UNIT ONE – SUMMARY MAKING

- Read the following passage, then do as required:

Caves were "homes" which served only as temporary shelters. They protected humans from the sun, rain and wild animals which roamed forests. Men of that time were called "Cavemen". Cavemen usually lived in small groups and life was very difficult. They had to move from place to place in search for food. They would catch fish or pick berries and wild fruit. When a particular place where they stayed ran out of food supply, they would leave to find another suitable spot. Their tools and weapons, which were made of stones, were simple and rough. Cavemen ate their food raw until they learned how to make a fire. For clothing, they used only barks of trees or skins of animals they had hunted to cover their bodies.

In FOUR sentences, summarize and paraphrase the previous passage in answer to the following question:

How was the lifestyle of Cavemen?

.....

.....

.....

.....

.....

.....

.....

.....

Rubrics	Content / relevance of ideas	Paraphrasing	Spelling and grammar	Paragraph format	Total
	30	20	5	5	60

GRADE 10 – UNIT ONE – TRANSLATION

Translate the following into good English:

علي: مضادات الأكسدة الموجودة في الشاي الأخضر مفيدة جداً.
أحمد: يمكننا المحافظة على بشرتنا و قلوبنا و عضلاتنا عن طريق تناول الطعام الصحي.

.....
.....

خالد: يجب على كل شخص أن يأكل بحكمة للمحافظة على جسدٍ لائقٍ وصحي.
علي: هذا صحيح ويجب على الجميع تناول الطعام الصحي.

.....
.....

عامر: اتباع حمية نباتية من غير استشارة المختصين قد يؤدي إلى سوء التغذية ومشاكل صحية أخرى.
أحمد: يجب أن نتأكد من وجود العناصر الغذائية الأساسية في الحمية النباتية.

.....
.....

GRADE 10 – UNIT TWO – VOCABULARY

A -From a, b, c and d, choose the most suitable word that best completes each of the following sentences:

- 1- A child's dreams and can lead him to success.
a) seminar b) aspiration c) mentor d) pilgrimage
- 2- International Laws forbid discrimination based on race, colour or
a) initiative b) calligraphy c) creed d) tolerance
- 3- All countries sent theirto attend the economic conference held in Geneva.
a) accounts b) reviews c) aspirations d) delegates
- 4- To live in peace, we must learn to acceptin the society we are living in.
a) diversity b) seminar c) pilgrimage d) calligraphy
- 5- The manager started a meeting to encouragedialogue in the company.
a) interfaith b) high ranking c) ground-breaking d) probiotic
- 6- Good employees are always ready to take..... in order to complete the work.
a) delegate b) creed c) initiative d) account
- 7- I am going to present a/ an about the developments in e-learning.
a) tolerance b) seminar c) pilgrimage d) creed
- 8- Ahmed's honesty, and understanding made him a great leader to his team.
a) account b) delegate c) mentor d) tolerance
- 9- My friend told me that he will help me gather information for my research.
a) digestive b) relevant c) interfaith d) organic
- 10- Muslims perform in the last month of the Islamic calendar.
a) pilgrimage b) initiative c) mentor d) figure
- 11- Some people are fond of collecting old paintings, and antiques.
a) tolerance b) calligraphy c) delegate d) diversity
- 12- A/ An range of craft makers presented their work in the National Exhibition.
a) grilled b) diverse c) interfaith d) inspirational
- 13- The manager gave a/ an talk on overcoming problems.
a) organic b) diverse c) grilled d) inspirational

- 14- With practice and hard work, my little brother English well.
 a) mastered b) combatted c) covered d) neutralised
- 15- The patient wrote a very touching.....about his mother’s role in his treatment journey.
 a) figure b) initiative c) account d) creed
- 16- The company a survey to evaluate their products according to the public.
 a) conducted b) mastered c) metabolised d) absorbed
- 17- Zaid Alrefai is a famous Kuwaiti who climbed the seven highest summits.
 a) figure b) creed c) diversity d) review

B) Fill in the spaces with the most suitable words from the list below:

(cover/ delegate/ account/ high-ranking/ diverse/master)

- 18- Ahmed was chosen as a/an to represent our class in the Students’ Parliament.
- 19- Companies with a lot of nationalities become culturally
- 20- My brother prepared a good of the most recent electronic inventions.
- 21- My uncle enjoys a /an position in the Ministry of Health.
- 22- It took us 3 hours to the distance from the city to the camp.

C) Fill in the spaces with the most suitable words from the list below:

(calligraphy/richly / review/ ground-breaking/ consistently/grilled)

- 23- The criminal has...denied stealing the old man’s bag.
- 24- The bride designed her own decorated wedding cake.
- 25- Some inventions made our lives easier and faster.
- 26- An annual the company performance is published every year.
- 27- I joined a workshop to improve my Arabic handwriting.

GRADE 10 – UNIT TWO – GRAMMAR

A- From a, b, c and d, choose the most suitable answer:

- 1- The manager Turkey every year for business since 1995.
a) had visited b) visited c) will visit d) has visited
- 2- They were rewarded as they..... for the same company for 20 years.
a) have worked b) work c) should work d) are working
- 3- She her homework yet. She has to do it before going to bed.
a) doesn't write b) didn't write c) hasn't written d) has written
- 4- you ever hunted a bear?
a) Did b) Have c) Do d) Are
- 5- They just the "Beach Cleanup" campaign.
a) should- start b) will- start c) had- started d) have- started
- 6- I have spoken English I was 3 years old.
a) since b) for c) already d) yet
- 7- Have you..... consulted a dietitian before going on a diet?
a) yet b) for c) since d) ever
- 8- Bader has lived in this town 45 years.
a) by the time b) for c) just d) since
- 9- No, I have been sick since I took the vaccine.
a) never b) ever c) yet d) already
- 10- She was angry her sister as she had broken her mobile.
a) through b) with c) on d) amongst
- 11- They must arrive the airport two hours before the flight time.
a) by b) with c) at d) of
- 12- all employees, Ahmed mastered using the new machine.
a) At b) Amongst c) On d) By
- 13- I read a novel written Jane Austin last night.
a) of b) amongst c) at d) by

14- Some animals migrate winter to raise their young and find food.

- a) with b) in c) at d) by

B – From a, b, and c, choose the correct answer as required:

15- No, I have never fixed my own car.

(Ask a question)

- a- Did you fix your own car?
b- Had you fixed your own car?
c- Have you ever fixed your own car?

16- Omar and Ahmed have decided to climb Mount Everest.

(Make negative)

- a- Omar and Ahmed have not decided to climb Mount Everest.
b- Omar and Ahmed has not decided to climb Mount Everest.
c- Omar and Ahmed did not decide to climb Mount Everest.

17- I (know) Anwar since we were 5 years old.

(Correct the verb)

- a- I knew Anwar since we were 5 years old.
b- I will know Anwar since we were 5 years old.
c- I have known Anwar since we were 5 years old.

18- My sister (not master) knitting yet. She needs more practice. **(Correct the verb)**

- a- My sister didn't master knitting yet. She needs more practice.
b- My sister hasn't mastered knitting yet. She needs more practice.
c- My sister won't master knitting yet. She needs more practice.

19- Hisham has taken an online training course.

(Ask a question)

- a- What has Hisham taken?
b- What has Hisham take?
c- What did Hisham take?

GRADE 10 – UNIT TWO – LANGUAGE FUNCTIONS

A- From a, b, c and d, choose the most suitable answer:

- 1- Your neighbour helped you to carry a heavy bag into the house.
- a- Thank you very much. I appreciate your help.
 - b- I think it will rain tomorrow. We can't sit in the garden.
 - c- Can you take me to the airport, please?
 - d- I didn't expect that behaviour from you.
- 2- Your brother thanked you for the graduation present you got him.
- a- Never do that again or you will be punished.
 - b- Don't worry your friend will be fine.
 - c- You are welcome, you deserve it.
 - d- I agree with the idea of having a graduation party.
- 3- Your sister wants to know your opinion about the book you have just finished reading.
- a- I will buy a book next month with the money I saved.
 - b- It is a very fascinating book. I really like it.
 - c- Some books are hard to find, we must order them online.
 - d- Bookshops are the best place to visit.

B) Write what you would say in the following situations:

- 4- Your friend thanked you for helping him/ her arrange the graduation party.
.....
- 5- A friend of yours helped you finish your assignment.
.....
- 6- Your father doesn't know what to do with his old car.
.....
- 7- Your mother is asking you to recommend a restaurant for traditional Kuwaiti food.
.....
- 8- The employee in the call center asked you if you could answer some questions.
.....
- 9- A friend of yours wants to know what you think of travelling abroad.
.....

GRADE 10 – UNIT TWO – SET BOOK QUESTIONS

A- From a, b, c and d, choose the most suitable answer:

- 1- How does Kuwait participate in furthering the culture of peace?
- a- By neglecting the meetings and seminars held by the UN.
 - b- By lowering the awareness of Kuwaiti people.
 - c- By holding conferences and seminars and arranging different activities.
 - d- By doing researches about the different races, cultures and religions.
- 2- Why is it important to respect and tolerate other faiths and people?
- a- To spread your own culture around the world.
 - b- To spread knowledge, wisdom and literacy all over the world.
 - c- To spread peace and live in harmony in a world full of diversity.
 - d- To spread the necessities of life among all people all over the world.
- 3- In what way can we show respect to other cultures?
- a- We can show respect to other cultures by visiting them.
 - b- We can show respect to other cultures by exchanging goods.
 - c- We can show respect to other cultures by taking their money.
 - d- We can show respect to other cultures by honouring them.

Answer the following questions:

4- How can we create a peaceful society?

.....
.....

5- What might happen if the culture of peace doesn't exist among people?

.....
.....

6- How can countries commemorate other cultures?

.....
.....

7- How should Muslims treat people of other faiths?

.....
.....

8- How can we achieve tolerance and mutual understanding between nations?

.....
.....

9- What is diversity based on?

.....
.....

GRADE 10 – UNIT TWO – EXPOSITORY WRITING

- Write on the following topic:

The UN is trying hard to promote the culture of tolerance and mutual understanding.

Plan and write an essay of 12 sentences (140 words) explaining why promoting tolerance and mutual understanding among people is important , and how it can be achieved.

Outline (20 Marks)

Introduction:

Body:

Paragraph 1:

Paragraph 2:

Conclusion:

Rubrics for Checking Writing

Exposition of ideas and coherence	Paragraphing and number of sentences	spelling	grammar	Hw, spacing and punctuation	Total
40	10	10	10	10	80
<ul style="list-style-type: none">• 20 marks to be deducted from the total mark for changing the format.• Off point topics / outlines receive ZERO.• 5 marks to be deducted from the outline if the ideas are not used in the topic.					

GRADE 10 – UNIT TWO – READING COMPREHENSION

- Read the following passage carefully, then answer the questions that follow:

Persuasion is the art of convincing someone to agree with your point of view. According to the ancient Greek philosopher Aristotle, there are three basic tools of persuasion: ethos, pathos, and logos.

Ethos is a speaker's way of convincing the audience that he/she is a credible source. An audience will consider a speaker **credible** if he/she seems trustworthy, reliable, and sincere. This can be done in many ways. For example, a speaker can develop ethos by explaining how much experience or education he/she has in the field. After all, you would consult a dentist not a firefighter for a tooth ache. A speaker can also create ethos by convincing the audience that he/she is a good person who has their best interests at heart. If an audience cannot trust you, you will not be able to persuade them.

Pathos is a speaker's way of connecting with an audience's emotions. For example, a speaker who is trying to convince an audience to vote for him might say that he alone can save the country. These words are intended to fill the audience with fear, thus making them want to vote for him. Similarly, a charity organisation that helps animals might show an audience pictures of injured dogs and cats. These images are intended to fill the viewers with pity, which will make **them** donate money.

Logos is the use of facts, information, statistics, or other evidence to make your argument more convincing. An audience will be more likely to believe you if you have data to back up your claims. For example, a commercial for soap might tell you that laboratory tests have shown that their soap kills all 7,000,000 of the bacteria living on your hands right now. This piece of information might make you more likely to buy their brand of soap. Presenting this evidence is much more convincing than simply saying "our soap is the best!" Use of logos can also increase a speaker's ethos; the more facts a speaker includes in his argument, the more likely you are to think that he/she is educated and trustworthy.

From a, b, c and d choose the correct answer:

- 1- The best title for the passage is:
 - a- Writing Speeches
 - b- Convincing Others
 - c- Wise Aristotle
 - d- Speaking Fluently
- 2- The underlined word "**credible**" in the 2nd paragraph is closest in meaning to:
 - a- boring
 - b- terrible
 - c- believable
 - d- clever
- 3- What does the underlined word "**them**" in the 3rd paragraph refer to?
 - a- images
 - b- animals
 - c- viewers
 - d- words
- 4- What can be understood from the 1st paragraph?
 - a- The art of convincing others is very old.
 - b- Only Greeks used persuasion in their speeches.
 - c- By time people developed persuasion into three different tools.
 - d- Convincing and persuading others is used among old men only.
- 5- According to the 2nd paragraph, one should mention his experience and education to:
 - a- get a new certificate.
 - b- show off and annoy others.
 - c- gain the audience's trust.
 - d- compare his/her work to others
- 6- What is the purpose of the writer?
 - a- To inform readers about ancient philosophers.
 - b- To analyze Aristotle's writing and find the wisdom.
 - c- To convince others to use the persuasion style.
 - d- To explain and inform the audience of the tools of persuasion.

Answer the following questions:

7- How does the pathos tool work?

.....
.....

8- How can logos help in building the ethos tool?

.....
.....

GRADE 10 – UNIT TWO – SUMMARY MAKING

- Read the following passage, then do as required:

There are people who have much more than what they need to live while others have barely enough to survive. One cannot make them rich but can provide them with essentials. Raising donation as money, clothes, food or shelter helps to direct their efforts to live a decent life. Good education, insures a long-lasting improvement in their lives. Building relationships among them helps them regaining their self-confidence and self-esteem also makes them hold their own responsibility. Moreover, treating them well and enrolling them in the bigger society make them work harder to gain the society’s trust and respect.

In FOUR sentences, summarize and paraphrase the previous passage in answer to the following question:

"How can we help the needy?"

.....

.....

.....

.....

.....

.....

.....

.....

Rubrics	Content / relevance of ideas	Paraphrasing	Spelling and grammar	Paragraph format	Total
	30	20	5	5	60

- Copying the whole paragraph receives ZERO.
- Exceeding the required number of sentences (Minus 5 marks for one sentence / Minus 10 for two sentences and above.)

GRADE 10 – UNIT TWO – TRANSLATION

- Translate the following into good English:

أحمد: العمارة وفن الخط والأدب هي طرق لنشر الثقافة الإسلامية.
علي: تستطيع أن تجد الكثير منها في معرض الكتاب الكويتي الذي يقام سنوياً.

.....
.....

أحمد: تعتبر الكويت دولة رائدة في دعم ثقافة السلم.
علي: وقد نظمت الكويت ندوات للترويج للفهم والاحترام المتبادل.

.....
.....

أحمد: لا يقتصر لفظ "الفن الإسلامي" فقط على الدين.
علي: نعم، فهو يشير كذلك الى الثقافة الإسلامية المتنوعة والغنية.

.....
.....

ليلى: لقد كان الفن الإسلامي مصدر إلهام للعديد من الفنانين حول العالم.
ساره: اتفق معك، وقد بدأ ذلك منذ القرن السابع.

.....
.....

GRADE 10 – UNIT THREE – VOCABULARY

A- From a, b, c and d choose the most suitable word that best completes each of the following sentences:

1. Theof refugees from African countries is increasing.
a) influx b) objective c) studio d) venue
2. The mainof this meeting is to give more information on our plans.
a) influx b) objective c) studio d) venue
3. The famous artist has changed the attic in his house into a photography
a) influx b) objective c) studio d) venue
4. The hotel is an ideal for conferences and business meetings.
a) influx b) objective c) studio d) venue
5. The witness paused before answering the lawyer's question.
a) irresponsibly b) richly c) consistently d) slightly
6. Sarah bought a/ an little hat during her last visit to Paris.
a) chic b) apprehensive c) sturdy d) detrimental
7. Cutting down trees must have effects on the environment.
a) chic b) apprehensive c) sturdy d) detrimental
8. The long delay in my flight had made me quite
a) chic b) apprehensive c) sturdy d) detrimental
9. The car is enough to withstand both rough and sandy lands.
a) chic b) apprehensive c) sturdy d) detrimental
10. I have spoken very often to officials, to explain what we need.
a) geometric b) governmental c) profitable d) modernistic
11. The artist's ideas are obviously represented in his paintings.
a) geometric b) governmental c) sturdy d) modernistic
12. The Avenues Mall is for its good restaurants and coffee shops.
a) geometric b) public c) renowned d) residential
13. Her hobby of making scented soap was fast becoming abusiness.
a) profitable b) geometric c) sturdy d) residential

14. I found that I can study better when I go to thelibrary.
 a) profitable b) public c) sturdy d) residential
15. There is a need for more green spaces inareas around the city.
 a) profitable b) apprehensive c) renowned d) residential
16. What distinguishes this school is its forecourt.
 a) spacious b) state c) profitable d) residential
17. Teachers in the sector are asking for a pay rise.
 a) spacious b) state c) substantial d) residential
18. There are differences between the two car models.
 a) spacious b) state c) substantial d) residential

A: Fill in the spaces with the most suitable words from the list below:

(evoked – benefited – profitable – studio – venue – modernistic)

1. The Holiday Inn provided the for this year's conference
2. Everyone from limiting their intake of tea to just three cups a day.
3. The design of the house is shown through the simplicity of furniture.
4. The businessman noticed that it is more to sell direct to the public
5. The photographs strong memories of our holidays in France

GRADE 10 – UNIT THREE – GRAMMAR

A – From a, b, c and d choose the most suitable answer:

1. I think English is one of languages all over the world.
a- important b- more important c- most important d- the most important
2. For me, German is than English.
a- much difficult b- more difficult c- so difficult d- most difficult
3. Your soup is so tasty. It's than the soup in the canteen.
a- tasty b- tastier c- tastiest d- the tastiest
4. In Europe, August is than February.
a- sunny b- sunnier c- sunniest d- the sunniest
5. Air pollution in cities is than in the countryside.
a- bad b- worse c- worst d- the worst
6. What is mountain in the world?
a- high b- higher c- highest d- the highest
7. Sometimes an email is than a telephone.
a- convenient b- more convenient c- most convenient d- the most convenient
8. This is the meal on the menu.
a- nutritious b- more nutritious c- most nutritious d- the most nutritious
9. The blue car is fast as the red one.
a- as b- that c- to d- both
10. She is both intelligent beautiful.
a- or b- and c- but d- nor
11. This is a training programme.
a- two- months b- two month c- two month d- two-months
12. Next week we will go for a walk.
a- three- mile b- three miles c- three mile d- three-miles
13. She bought a bottle of Coca-Cola at the supermarket.
a- two litre b- two litres c- two- litre d- two-litres
14. There is a delay in our flight.
a- five- second b- five seconds c- five second d- five-seconds

15. This movie is than the last one.
 a) boring b) more boring c) most boring d) the most boring
16. I believe that orchids are beautiful as tulips.
 a) as b) that c) to d) both
17. I have a..... contract with my cell phone provider.
 a- two- year b- two years c- two year d- two-years
18. Shall we take a break?
 a- ten- minute b- ten minutes c- ten minute d- ten-minutes

C) From a, b, and c, choose the correct answer as required:

1. My mother prepared a dinner with three courses. (Use a compound adjectives)
 a. My mother prepared a three-courses dinner.
 b. My mother prepared a three-course dinner.
 c. My mother prepared a three-course dinners.
2. He handed me a report of ten pages. (Use a compound adjective)
 a. He handed me a ten-page report.
 b. He handed me a ten- pages report.
 c. He handed me ten-page report.
3. My nephew seems to be (excited) child at the party. (Correct the adjective)
 a. My nephew seems to be more excited child at the party.
 b. My nephew seems to be most excited child at the party.
 c. My nephew seems to be the most excited child at the party.
4. The National Library building is (amazed) from inside. (Correct the adjective)
 a. The National Library building is amazing from inside.
 b. The National Library building is amazed from inside.
 c. The National Library building is amazingly from inside.
5. The children loved his lessons because he is a very (interested) teacher. (Correct the adjective)
 a. The children loved his lessons because he is a very interesting teacher.
 b. The children loved his lessons because he is a very interested teacher.
 c. The children loved his lessons because he is a very interest teacher.

6. I am staying in a hotel with four stars.

(Use a compound adjectives)

- a. I am staying in a four-stars hotel.
- b. I am staying in a four-star hotel.
- c. I am staying in four-stars hotels.

GRADE 10 – UNIT THREE – LANGUAGE FUNCTIONS

A- From a, b, c, and d, choose the correct answer:

Language functions

A: From a, b, c, and d, choose what you would say in the following situations:

1. You want to persuade your sister to go with you to the concert during the weekend.
 - a) Please ask any questions you would like to.
 - b) Why don't we go to the concert and spend a nice time?
 - c) I've visited the largest mosque in Europe.
 - d) What about visiting some touristic sites?

2. Your brother wonders why the online order has not arrived yet.
 - a) Do not mention it.
 - b) What can I do for you, Madam?
 - c) It will probably be delivered tomorrow.
 - d) From my point of view, they are so far the best in delivery.

3. Your father refused to let you go with your friends to the cinema.
 - a) In my opinion, I need to go to the supermarket.
 - b) Can't I persuade you to change your mind, Dad?
 - c) I guess I need to sleep because I'm tired.
 - d) The flat is more modern than the hut.

4. Your uncle wonders why the television set is not working.
 - a) In my opinion, computer games are an amusing educational tool.
 - b) How can I drive the car?
 - c) The socket is probably not switched on.
 - d) From my point of view, it is the best building.

5. Your friend suggests that you go to a new café this weekend.
 - a) Let's change the way we used to study.
 - b) Let's talk to the shop manager.
 - c) Why don't we change the drink today?
 - d) That is a good idea.

B- Write what you would say in the following situations

1. You want to persuade your sister to join a training course in painting.

.....

2. Your sister asks you about the colour you like for your room.

.....

3. You want to persuade your father to buy you a motorbike.

.....

4. Your friend is absent for two days now, and you don't know why.

.....

5. Your mother bought a sofa, and she doesn't know where to put it.

.....

6. Your father asks you about your decision for joining the army.

.....

GRADE 10 – UNIT THREE – SET BOOK QUESTIONS

A- From a, b, c and d, choose the correct answer:

1. What is one of the disadvantages of building new airports in residential areas?
 - a) It's a source of pollution.
 - b. The Islamic Art Museum.
 - c. They represent equality.
 - d. They are good for the weather.

2. How is the 360° Shopping Centre in Kuwait considered educational?
 - a) It mixes education with entertainment.
 - b) The Islamic Art Museum.
 - c) It will be good for the economy.
 - d) It shows pride and patriotism.

3. What is one of the advantages of building new airports in residential areas?
 - a) They will be good for the economy.
 - b) They show Islamic Art Museum.
 - c) They represent equality.
 - d) They are good for the weather.

Answer the following questions:

1- What are the benefits of building an airport near a residential area ?

.....

.....

2- What are the disadvantages of building an airport in a residential area ?

.....

.....

GRADE 10 – UNIT THREE – EXPOSITORY WRITING

Building a new residential area adds a lot to the heritage of the country.

Plan and write an essay of **12** sentences (**140** words), **explaining the importance of building impressive residential areas and stating the characteristics which can make them more attractive.**

Outline

Introduction:

Body:

Paragraph 1:

Paragraph 2:

Conclusion:

Rubrics for Checking Writing

Exposition of ideas and coherence	Paragraphing and number of sentences	spelling	grammar	Hw, spacing and punctuation	Total
40	10	10	10	10	80
<ul style="list-style-type: none">• 20 marks to be deducted from the total mark for changing the format.• Off point topics / outlines receive ZERO.• 5 marks to be deducted from the outline if the ideas are not used in the topic.					

GRADE 10 – UNIT THREE – READING COMPREHENSION

Read the following passage carefully, then answer the questions below:

Most of the serious health problems in modern America can be linked to poor diet. Many people regularly consume foods high in sodium, sugar, and saturated fats Which not only increase their chances of obesity, but also increase their risks of developing heart disease and diabetes. There are many reasons for having poor diet. Some people do so knowingly. There is also a significant portion of the population that remains undereducated about proper nutrition. What is more, individuals who live in food desert-areas in low-income neighbourhoods may not even have the opportunity to obtain nutritious food.

Food deserts are located in high-poverty areas, such as rural areas or densely populated, low-income urban centres away from modern neighbourhoods. Food deserts most often develop when major supermarket chains either relocate out of these areas or simply refrain from building stores there. This means that those who live in high-poverty areas often also live miles away from the fresh meats, dairy products, and fresh fruits available at supermarkets. Residents of these areas who do not have cars are thus forced to travel long distances on public transportation to do **their** grocery shopping. They are limited to the food available at local convenience stores which sell packaged and processed foods that offer little nutritional value.

Fast food restaurants are extremely concentrated in low-income areas. Because individuals who live in food deserts tend to get their meals from fast food restaurants or convenience stores, they often suffer from a variety of health issues. Research has found that individuals who live in low-income neighbourhoods are much more likely to develop problems with obesity, diabetes, and hypertension than those who live in more **affluent** neighbourhoods.

A solution to the problem of food deserts seems obvious: more supermarkets should be built in low-income neighbourhoods. Of course, it is difficult to lure supermarket chains into poor areas because poorer people have less money to spend on food and supermarket chains do not consider them to be attractive customers. One way that the government can help to settle this issue is by offering tax breaks or other incentives for supermarkets in low-income areas. Moreover, Community gardens and farmers' markets should offer local initiatives to solve the problem.

From a, b, c and d choose the most correct answer:

1. The main idea of paragraph (1) is:
 - a. The risks of developing heart disease and diabetes
 - b. The bad effects of obesity on the American people.
 - c. The solutions of the food deserts problem.
 - d. The reasons of having poor diet in America

2. The underlined word "**affluent**" in paragraph 3 means:
 - a. low
 - b. updated
 - c. wealthy
 - d. distant

3. What does the underlined word "**their**" in paragraph 2 refer to?
 - a. residents
 - b. products
 - c. distances
 - d. supermarkets

4. If supermarkets opened locations in more low-income areas,:
 - a. members of low-income households would not go there
 - b. the supermarkets would be unable to compete with the fast-food chains.
 - c. the convenience stores in the area would stop their business.
 - d. the health of low-income residents would be more likely to improve

5. According to the passage, all the following statements are **TRUE except**:
 - a. People who live in high-poverty areas often live miles away from the fresh food.
 - b. Major supermarket chains refrain from building stores in low-income areas.
 - c. Convenience stores sell packaged and processed foods.
 - d. Fast food restaurants are concentrated in high-income areas.

6. The writer's purpose in writing this text is to:
 - a. inform us about supermarkets' contributions to obesity in America.
 - b. warn us about the dangers of fast food.
 - c. highlight the problem of food deserts and its solutions.
 - d. encourage readers to live in low-income areas.

B: Answer the following questions:

7. What are the suggested solutions for food deserts?

.....

.....

8. Where do individuals who live in food deserts get their food?

.....

.....

GRADE 10 – UNIT THREE – SUMMARY MAKING

Read the following passage, then do as required:

Some people say that laughter is the best medicine. Scientists are beginning to agree with this. They are studying laughter seriously and are finding that it is gainful for us. Every minute we laugh is the same as forty-five minutes of relaxation. Many doctors around the world believe that laughter helps us get better when we are sick. Laughter helps in reducing stress hormones and blood pressure, as well as increasing blood flow and oxygenation to the cells and organs. Laughter has also been shown to increase memory, intelligence, and creativity.

In FOUR sentences, summarise and paraphrase the previous passage in answer to the following question:

"What are the benefits of laughter?"

.....

.....

.....

.....

.....

.....

.....

.....

	Content/ relevance of ideas	Paraphrasing	Spelling and grammar	Format	Total
	30	20	5	5	60

- Copying the whole paragraph receives ZERO.
- Exceeding the required number of sentences (Minus 5 marks for one sentence / Minus 10 for two sentences and above.)

GRADE 10 – UNIT THREE – TRANSLATION

أمل: تخشى مجموعة من الناس تأثير بناء مطار جديد على حياتهم.
ساره: لهذا السبب، فإنهم يدعون إلى بناء مدرسة جديدة بدلاً من ذلك.

.....

.....

جاسم : سيستفيد جميع سكان المنطقة من بناء مطار جديد.
نواف : ايضا سيكون من السهل التنقل الى مدينة الكويت بالطائرة المروحية

.....

.....

GRADE 10 – UNIT FOUR – VOCABULARY

A- From a, b, c and d choose the most suitable word that best completes each of the following sentences:

1-The new hospital in our area will many doctors and nurses.

- | | |
|------------|-------------|
| a. employ | b. simulate |
| c. compete | d. drill |

2- Soccer players shouldto win the cup; however, they have to stick to the basics of fair play.

- | | |
|------------|-------------|
| a. employ | b. simulate |
| c. compete | d. evoke |

3- The zoo is a/an environment of rare animals similar to the original habitat.

- | | |
|-----------------|--------------------|
| a. naturalistic | b. anti-reflective |
| c. convoluted | d. rival |

4- When you write an essay make sure to avoid long paragraphs andsentences.

- | | |
|-----------------|--------------------|
| a. naturalistic | b. anti-reflective |
| c. convoluted | d. rival |

5-The new movie couldn't achieve success and suffered great loss because of themovies that have the same story.

- | | |
|-----------------|--------------------|
| a. naturalistic | b. anti-reflective |
| c. convoluted | d. rival |

6-The new game characters are controlled by a/an..... not a keypad to give better control of the movements of the characters.

- | | |
|---------------|-------------|
| a. helpline | b. joystick |
| c. perception | d. wizard |

7-Artists paint their portraits to convert their ideas into..... .

- | | |
|----------------|--------------|
| a. helplines | b. joysticks |
| c. perceptions | d. sensors |

8-New tablets are provided with separable to help users move easily while using them.

- a. helplines
- b. keypads
- c. perceptions
- d. sensors

9-The safari journeys are adventures because animals move around the cars without restraints.

- a. breathtaking
- b. built-in
- c. computer-friendly
- d. wireless

11-The teacher turned our notebook into aform to display it on the data show projector in classes.

- a. breathtaking
- b. built-in
- c. computer-friendly
- d. wireless

12-I need a high speednetwork to transfer the data from my old mobile to the new one.

- a. breathtaking
- b. convoluted
- c. computer-friendly
- d. wireless

13-I asked the designer to make my clothes cabinets into the walls to save space in my room.

- a. breathtaking
- b. built-in
- c. computer-friendly
- d. wireless

14-The employee received a/ an.....payment instead of a salary increase.

- a. analogue
- b. bonus
- c. competitive
- d. convoluted

15-Digital watches differ fromwatches by the way that they display the time.

- a. analogue
- b. bonus
- c. competitive
- d. exclusive

16-Your password gives you a/an.....access to your personal computer files.

- a. analogue
- b. bonus
- c. competitive
- d. exclusive

- 24-The photos of your mobile are amazing. It is set to the auto which
Helps changing settings automatically to take the best photos.
- a. drive
b. hold button
c. artificial intelligence
d. mode
- 25-Our company hired a computerto prevent hackers from breaking into
our files.
- a. visual effect
b. touch screen
c. speech recognition
d. wizard
- 26- Mobile companies designed their recent mobiles with a sensitiveto
replace the old style of buttons.
- a. discourse
b. touch screen
c. joystick
d. wizard
- 27-The of the new film are really amazing and realistic.
- a. visual effects
b. touch screen
c. speech recognition
d. wizard
- 28- Our new TV system has asoftware to figure out voice orders
from users.
- a. visual effects
b. touch screen
c. speech recognition
d. wizard
- 29- I couldn't identify the ID of the because I didn't subscribe to this
service on the landline.
- a. arcade
b. caller
c. console
d. discourse
- 30 -Most tele-communication companies offer aservice around the clock.
- a. helpline
b. joystick
c. perception
d. sensor
- 31- To practise for their drivers' exams, students use a computer tovarious
driving conditions and situations.
- a. employ
b. simulate
c. compete
d. evoke

32- The front of our house hasto automatically ring the door bell and flash the lights.

a. helplines

b. joysticks

c. perceptions

d. sensors

B: Fill in the spaces with words from the list below:

(compete – competitive – drill – wireless – simulate – wizard)

1-Satellite signals are sent over to devices; that's why weather conditions affect the quality of signals.

2-Bill Gates is the richest man in the world. It is really hard for other businessmen to with him in the field of technology.

3-Steve jobs was ain business industry and computer technology.

4-The salesman works day and night to outsell all his coworkers.

5-Astronauts zero gravity by practicing in reduced gravity aircrafts.

4-The manager expects that salaries will increase in the next years. **(Make negative)**

- a. The manager doesn't expect that salaries will increase in the next years.
- b. The manager didn't expect that salaries will increase in the next years.
- c. The manager isn't expecting that salaries will increase in the next years.

5-My friend **(go)** to win the contest next time. **(Correct the verb)**

- a. My friend was going to win the contest next time.
- b. My friend is going to win the contest next time.
- c. My friend went to win the contest next time.

GRADE 10 – UNIT FOUR – LANGUAGE FUNCTIONS

A. Write what you would say in the following situations:

- 1-You bought a new mobile. You need to call the telecommunication company to activate your account.
 - a- Hello! I am calling to buy a new mobile.
 - b- Hello! I am calling to choose another mobile.
 - c- Hello! I am calling to know how to fix my new mobile.
 - d- Hello! I am calling to request activating my account on my new mobile.

- 2-Kuwait Airlines offers many tourist destinations to Europe. Your family needs to choose one.
 - a- I prefer to go to Asia and to go to Europe next year.
 - b- I'd recommend travelling to Germany. The weather there is great.
 - c- I'm sorry I don't like staying at home alone.
 - d- Excuse me, how much are the tickets to Australia?

- 3-You received the new AC system, but you found it faulty. You need to call the company.
 - a- Hello, I hope you can help me with my new AC system.
 - b- Thank you for calling, I really appreciate it.
 - c- Why don't you call the company?
 - d- I prefer to use the new AC system.

- 4-Your young brother wants to buy a motorbike for his birthday.
 - a- Hello, I'm calling to ask about the new motorbikes.
 - b- What about buying a new motorbike?
 - c- You need to buy the most expensive one.
 - d- In my opinion, I think it is dangerous. I'd recommend a scooter.

B: Write what you would say in the following situations:

- 1-Your brother doesn't know much information about computer games.
.....
- 2-Scientists believe that if we don't save sources of energy, we will be in trouble.
.....
- 3-Your friend spends too much time playing computer games. You need to advise him.
.....
- 4-A friend of yours wants to know how you have applied for a university.
.....
- 5-The teacher asked you about your plans after finishing your high school.
.....

6- Your friend throws litter in the street. You have to advise him to stop it.

.....

7-You haven't finished your school project and the deadline is tomorrow.

.....

GRADE 10 – UNIT FOUR – SET BOOK QUESTIONS

Choose the correct answer from a , b , c and d :

1-What do you think computer games will be like in the future?

- a- They will be cheaper and free.
- b- They will be sold on flash drives.
- c- They will be more realistic and characters more naturalistic.
- d- They will be created through specific software by players at home.

2-How can computer companies make computer games more attractive?

- a- They will make the games free of charge.
- b- They will include simple characters and episodes.
- c- They will make better graphics, visual effects, characters and episodes.
- d- They will limit the computer games to computers and without internet connections.

3-How are computer games detrimental to children's social development?

- a- They make children isolated from the real world.
- b- They make children stay home a lot with their families.
- c- They make children more interested in computers and programming.
- d- They make children develop imagination and be creative in actual life.

4 -Why will computer games be more demanding for games producers and players in the future?

- a- Because people will play computer games using their mobile phones.
- b- Because game studios will employ hundreds of animators to simulate enough creatures.
- c- Because the children will be more interested in computers and programming.
- d- Because the games will be more realistic and computer-controlled characters will be more naturalistic.

5-What positive effects can playing computer games have on young people?

- a- They make young people isolated from the real world.
- b- They make young people stay at home a lot of time with their families.
- c- They make young people hard to be treated.
- d- They develop imagination among young people and become creative in actual life.

6-How can computer games players control characters in the games?

- a- They make game characters more intelligent.
- b- They use the wireless controllers that uses motions sensors to imitate the players' movements.
- c- They make children more interested in computers and programming.
- d- They use anti-reflective screen.

B: Answer the following questions:

1-What are the bad effects of playing computer games on young people?

.....
.....

2-What are the good effects of playing computer games on young people?

.....
.....

3- How do computer games look like nowadays?

.....
.....

GRADE 10 – UNIT FOUR – EXPOSITORY WRITING

“Computer games have become very popular among children nowadays”

Plan & write an essay of not less than **12 sentences** (140 words) explaining why it is not recommended to spend too much time playing computer games and how they can be used wisely.

Outline

Introduction:

Body:

Paragraph 1:

Paragraph 2:

Conclusion:

Rubrics for Checking Writing

Exposition of ideas and coherence	Paragraphing and number of sentences	spelling	grammar	Hw, spacing and punctuation	Total
60	10	10	10	10	100

- **20** marks to be deducted from the total mark for changing the format.
- Off point topics / outlines receive **ZERO**.
- **5** marks to be deducted from the outline if the ideas are not used in the topic.

GRADE 10 – UNIT FOUR – READING COMPREHENSION

Read the following passage carefully, then answer the questions below:

Normal life never stays normal for long simply because it is full of stress. Stress is often described as a feeling of being overloaded, wound-up, tense and nervous. We all experience stress at times. It can sometimes be positive and help to motivate us to get a task finished, or perform well. But stress can also be harmful if we become over-stressed and it interferes with our ability to get on with our normal life for too long.

When we face a stressful event, our bodies respond by activating the nervous system and releasing hormones such as adrenaline and cortisol from the adrenal glands. These hormones cause physical changes in the body which help us react quickly and effectively to get through the stressful situation. They prepare our bodies to stay and fight or flee the situation. This is sometimes called the ‘fight or flight’ response. The hormones increase our heart rate, breathing, blood pressure, metabolism and muscle tension.

While these changes help people try to meet the challenges and effects of the stressful situations, **they** can cause negative physical or psychological symptoms if stress is not controlled. These symptoms can include headaches, other aches and pains, anxiety, anger, depression, high blood pressure, heart diseases, lack of confidence and many other symptoms.

Learning to handle stress in healthy ways is very important. Fortunately, it is easy to learn simple techniques. These include **recognizing** the causes of stress (some stress is natural), taking steps to deal with the problem, tackling the symptoms and most importantly, asking for help from a friend or a professional. The worst thing for stress is trying to take control over uncontrollable things. Because when we fail — since it’s beyond our control — we only get more stressed out and feel helpless. Doing what’s within our power moves us forward and is empowering and energizing. In addition to that, having certain routines throughout the day helps us to relax, better enjoy what we have in our lives and manage the harmful effects of stress. These routines include regular times for exercise and relaxation, and planning ahead to do certain jobs on specific days of the week.

A) From a, b, c and d, choose the correct answer:

1-What is the best title for this passage?

- a. The Changes of Stress
- b. The Stressful Events
- c. Body Reactions to Stress
- d. The Symptoms and Solutions of Stress

2-The underlined word "recognizing" in the 4th paragraph is closest in meaning to:

- a. knowing
- b. tackling
- c. learning
- d. including

3-The underlined word "they" in the 3rd paragraph refers to:

- a. effects
- b. changes
- c. challenges
- d. situations

4-According to paragraph 2, what is the effect of stress on our bodies?

- a. It decreases cortisol in our bodies.
- b. It makes our bodies release hormones.
- c. It helps us react slowly and effectively.
- d. It raises our heart beat and lowers blood pressure.

5-Which of the following statements is **NOT TRUE**?

- a. The nervous system is activated in stressful events.
- b. Adrenaline lowers metabolism in stressful situations.
- c. The heart is responsible for controlling the adrenal glands.
- d. Stress activates the nervous system to release the necessary hormones.

6-What is the author's purpose in writing this passage?

- a. To inform readers about the types of stress.
- b. To teach readers how bodies release hormones.
- c. To show readers the effects of stress on our blood pressure.
- d. To tell readers about stress, its effects and ways to control it.

B) Answer the following questions:

7-Why shouldn't we try to take control over uncontrollable things?

.....
.....

8-How can we handle stress in healthy ways?

.....
.....

GRADE 10 – UNIT FOUR – SUMMARY MAKING

Read the following passage, then do as required:

Playing computer games has various effects on young people. It has good as well as bad effects. Playing computer games can develop children’s imagination. Imagination is essential for creativity. Modern computer games used in gyms can make them healthier and fitter. That’s why gyms include games in their programs. Also, the new type of joysticks used in games can improve the level of fitness and building up their muscles. Besides all, most computer games provide information. Above all, modern multiplayer games offer the possibility of interaction and chatting with each other. This helps in developing personal skills.

In a paragraph of **FOUR** sentences of your own, ***summarise and paraphrase*** the previous passage in answer to the following question:

What are the effects of playing computer games on young people?

.....
.....
.....
.....
.....
.....
.....
.....

	Content/ relevance of ideas	Paraphrasing	Spelling and grammar	Format	Total
	30	20	5	5	60

- Copying the whole paragraph receives ZERO.
- Exceeding the required number of sentences (Minus 5 marks for one sentence / Minus 10 for two sentences and above.)

GRADE 10 – UNIT FOUR – TRANSLATION

Translate the following into GOOD English:

علي: كيف ستكون الألعاب في المستقبل؟

خالد: أظن أن الألعاب ستكون أكثر واقعية وطبيعية.

علي: إن تقنيات الألعاب تتغير بصورة مستمرة.

خالد: بالتأكيد، التغيرات المستمرة تجعل من تقنية الألعاب عملاً سريع التطور.

علي: ألعاب الكمبيوتر محببة جداً لدى الشباب من مختلف الأعمار .

خالد: لأنها تساعد على قضاء أوقات فراغهم وتنمي مهاراتهم ومخيلتهم .

GRADE 10 – UNIT FIVE – VOCABULARY

A- From a, b, c, and d, choose the most suitable word that best completes each of the following sentences:

- 1- A strong-willed man will never stop when he faces
 - a- adversities
 - b- virtues
 - c- applications
 - d- extroverts
- 2- Violence on television can encourage in children.
 - a- feedback
 - b- physiotherapy
 - c- aggression
 - d- rehabilitation
- 3- Dear applicants, you must attach a recent photograph to your form.
 - a- stimulation
 - b- application
 - c- rehabilitation
 - d- determination
- 4- can be played by two or four people with a racket and a shuttlecock.
 - a- Solarium
 - b- Sportsmanship
 - c- Stimulation
 - d- Badminton
- 5- My father is a man of; he never quits or loses hope in what he is doing.
 - a- determination
 - b- neurologist
 - c- rehabilitation
 - d- member
- 6- My eldest brother is a/an while the youngest one is shy and quiet.
 - a- introvert
 - b- extrovert
 - c- member
 - d- neurologist
- 7- We need more from consumers in order to improve our products.
 - a- adversity
 - b- aggression
 - c- feedback
 - d- application

- 8- They all showed extraordinary skills. They are so clever with all kind of horses.
- a- bonus
 - b- competitive
 - c- equestrian
 - d- wireless
- 9- I have become a/an of the school's elite football club after scoring 3 goals.
- a- member
 - b- introvert
 - c- solarium
 - d- application
- 10- I cannot understand the of the people who hurt weak and helpless animals.
- a- rehabilitation
 - b- opponent
 - c- mentality
 - d- teammate
- 11- My cousin is an intelligent student, but he lacks the to work hard.
- a- introvert
 - b- motivation
 - c- extrovert
 - d- rehabilitation
- 12- The checked the patient and sent him to hospital.
- a- physiotherapy
 - b- neurologist
 - c- feedback
 - d- mentality
- 13- They were careful to good behaviour while their parents were away.
- a- compete
 - b- observe
 - c- employ
 - d- simulate

- 14- The boxer won the gold medal after knocking down his with a single blow.
- a- mentality
 - b- feedback
 - c- opponent
 - d- sportsmanship
- 15- The are a multi-sport event for athletes with physical and mental disabilities.
- a- gymnastics
 - b- Paralympics
 - c- opponents
 - d- saunas
- 16- Many patients need continuing care, follow up or after surgeries.
- a- rehabilitation
 - b- self-discipline
 - c- adversity
 - d- aggression
- 17- A rainbow is a natural in which we can see different colours in the sky.
- a- stimulation
 - b- phenomenon
 - c- sauna
 - d- aggression
- 18- Lionel Messi will receive for more than a month after his knee surgery.
- a- aggression
 - b- adversity
 - c- sportsmanship
 - d- physiotherapy
- 19- A/An is a room with seats and a very high temperature with a lot of steam.
- a- sauna
 - b- extrovert
 - c- virtue
 - d- adversity
- 20- If there is not a lot of sunshine in a place, one can get a tan in a
- a- feedback
 - b- rehabilitation
 - c- solarium
 - d- virtue

21- This team is very famous for their fair play and good

- a- introvert
- b- neurologist
- c- sportsmanship
- d- aggression

22- Teaching through and enjoyment is the best thing in that school.

- a- teammate
- b- member
- c- stimulation
- d- physiotherapy

23- During the game, the player told his that he felt ill.

- a- solarium
- b- teammate
- c- determination
- d- introvert

Fill in the spaces with the most suitable words from the list below:

motivation – gymnastics – able bodied – equestrian – compete – observe

- 1- We cannot practise this sport if we're not enough to fight.
- 2- There seems to be a lack of among the staff; they don't work well.
- 3- To have a flexible body, you should practise on daily basis.
- 4- I would like to some classes to determine if this is the right course for me.
- 5- Alongside my dairy farm, I run an centre to teach people horse riding.

Fill in the spaces with the most suitable words from the list below:

observe – able-bodied – compete – equestrian – physiotherapy – sportsmanship

- 1- The player received a long after the match he was hurt in.
- 2- This gym can be used by both and disabled people; it is well equiped.
- 3- Scientists the world, describe it, and find the best ways for us to live.
- 4- These days, in rich countries, horses are mainly kept for sports.
- 5- As a sign of good, the two boxers shook hands after the match.

GRADE 10 – UNIT FIVE – GRAMMAR

A- From a, b, c, and d, choose the most suitable answer:

- 1- Would you mind telling me you go to school? - By bus.
a- when
b- where
c- why
d- how
- 2- I have to go to the bank. does it open?
a- How much
b- How many
c- When
d- Where
- 3- are you wearing that heavy coat? Can't you see or feel the burning sun?
a- Where
b- When
c- How
d- Why
- 4- My little brother is a great tennis player; he win any match easily.
a- can
b- should
c- can't
d- wouldn't
- 5- you like another cup of coffee? I think you loved the first one.
a- Should
b- Could
c- Would
d- Can
- 6- If you go to Egypt, you visit the Pyramids; it's awesome to stand beside them.
a- would
b- wouldn't
c- should
d- shouldn't

- 7- You talk loudly in the library, or you will be required to leave.
- a- should
 - b- shouldn't
 - c- would
 - d- wouldn't
- 8- I speak English when I was 12, but now, I'm as good as a British person.
- a- can't
 - b- couldn't
 - c- should
 - d- shouldn't
- 9- My little sister ride a horse at the age of eight.
- a- can
 - b- can't
 - c- could
 - d- should
- 10- I'm afraid I come to your party. I will be too busy studying for my exams.
- a- wouldn't
 - b- couldn't
 - c- can't
 - d- shouldn't
- 11- Please, seated until the seatbelt sign is off.
- a- remaining
 - b- remained
 - c- remain
 - d- remains
- 12- yourself a point for each right answer.
- a- Giving
 - b- Gave
 - c- Give
 - d- Gives
- 13- the first train in the morning.
- a- Catching
 - b- Caught
 - c- Catch
 - d- Catches

From a, b and c, choose the correct answer as required:

1- I arrived there at about 12 o'clock.

(Ask a question)

a- Where did you arrive there?

b- When did you arrive there?

c- How much did you arrive there?

2- My brother does his homework with his friends.

(Ask a question)

a- Who did your brother do his homework with?

b- Who will your brother do his homework with?

c- Who does your brother do his homework with?

3- First, filling in the form and wait till they call you inside.

(Correct)

a- First, fills in the form and wait till they call you inside.

b- First, fill in the form and wait till they call you inside.

c- First, filled in the form and wait till they call you inside.

4- My dad visits my grandparents once a week.

(Ask a question)

a- How often did your dad visit your grandparents?

b- How often does your dad visit your grandparents?

c- How far do your dad visit your grandparents?

GRADE 10 – UNIT FIVE – LANGUAGE FUNCTIONS

A- From a, b, c and d, choose the correct response:

1- Show your brother how to reach the police station.

- a- You don't need to go there.
- b- You should go to the police station.
- c- Go straight forward, then turn left.
- d- Going to the police station is easy.

2- Your grandfather says that education is easier nowadays than before, but You have a different viewpoint.

- a- I have the same opinion.
- b- I don't agree with this opinion.
- c- I will watch the TV programme.
- d- I agree with him.

3- You want the shopkeeper to give you a bottle of water.

- a- Can I help you?
- b- How can I help you?
- c- Can I have a bottle of water, please?
- d- Would you come earlier, please?

4- Your sister does not know what to study after high-school.

- a- I would rather stay at home.
- b- I will join a football club.
- c- I don't know what to do.
- d- I'd recommend business management.

5- You want to ask the waiter for the menu.

- a- Would you give me the bill, please?
- b- How can I help you?
- c- Would you give me the menu, please?
- d- Can you turn the AC on, please?

6- Your brother is insisting on eating a lot of fatty food.

- a- You should eat more fats.
- b- Eating a lot is good for your health.
- c- You'd rather eat fatty food.
- d- You should cut on fats.

7- One of your teachers explained the lesson for you.

a- I really don't know how to thank you, sir.

b- You should have helped me, sir.

c- Why don't you help me, sir?

d- Let's have a conversation, sir.

III- Language Functions

Write what you would say in the following situations:

1- A man asks you about how he can reach the bank.

.....

2- Your brother thinks that the new environmental law will reduce air pollution.

.....

3- One of your relatives helped you with your homework.

.....

4- The teacher wants to know why you want to postpone the quiz for next week.

.....

5- Your brother does not want to live in the city and wants to move to the countryside.

.....

GRADE 10 – UNIT FIVE – SET BOOK QUESTIONS

A- From a, b, c, and d, choose the correct answer:

- 1- What is important about the Paralympics?
 - a- They are held every four years.
 - b- No one participates in the Paralympics.
 - c- They give the disabled power and self-confidence.
 - d- People like to watch Paralympics.

- 2- What skills are important to any athletes whatever their abilities are?
 - a- They should be able to communicate well.
 - b- They should be able to fight.
 - c- They should have patience and self-discipline.
 - d- They should watch sports every day.

- 3- Mention one of the main characteristics of an extrovert.
 - a. They want to play alone.
 - b. They like to play in teams such as football and basketball.
 - c. They do not want to play sports.
 - d. They are usually very sad.

- 4- Mention one of the main characteristics of an introvert.
 - a. He does not like sports in general.
 - b. He likes to be with others and play with them.
 - c. He prefers playing team games.
 - d. He is naturally shy and performs better at lower stimulation levels.

- 5- What do sportspeople need to stay motivated?
 - a. They need to watch others play sports.
 - b. They need to eat well.
 - c. They need encouragement and stimulation.
 - d. They need to stay alone for long times.

- 6- What are our duties towards the disabled?
 - a. We should offer help and support to make them feel normal.
 - b. We should keep them isolated.
 - c. We shouldn't stay too close to them.
 - d. We should ignore them.

Answer the following questions:

1- In Your opinion, why are the Paralympic Games important?

.....
.....

2- What games would you advise introverts to play? Why?

.....
.....

3- How did Kuwait encourage the disabled to practise sports?

.....
.....

4- Which sports are more suitable for extroverts ?

.....
.....

GRADE 10 – UNIT FIVE – EXPOSITORY WRITING

- Write on the following topic:

"Paralympics is a sport event that involves people with disabilities."

Plan and write an essay of not less than 12 sentences (140 words) about the importance of holding such events and the role of the society towards the disabled.

Outline

Introduction:

Body:

Paragraph 1:

Paragraph 2:

Conclusion:

Rubrics for Checking Writing

Exposition of ideas and coherence	Paragraphing and number of sentences	spelling	grammar	Hw, spacing and punctuation	Total
40	10	10	10	10	80
<ul style="list-style-type: none">• 20 marks to be deducted from the total mark for changing the format.• Off point topics / outlines receive ZERO.• 5 marks to be deducted from the outline if the ideas are not used in the topic.					

GRADE 10 – UNIT FIVE – READING COMPREHENSION

- Read the following passage carefully, then answer the questions that follow:

It was one of those terribly hot days in Baltimore. We always had those for a month between July and August. That day was particularly hotter than I could remember it had ever been. The weatherman on the radio said the temperature would reach 104°!

Needless to say, it was too hot to do anything outside. But it was also **scorching** in our apartment. This was 1962, and I would not live in a place with an air conditioner till ten years later. So, my brother and I decided to leave the apartment to go to a cooler place. I suggested the drug store where I could get a soda or any kind of juice. But he reminded me that the shopkeeper in the drug store would not let you sit there all day. My brother instead suggested watching a movie. It was a brilliant plan.

Movie theatres were one of the few places where you could sit in for a long and, more importantly, sit in air conditioning. In those days, you could buy one ticket and sit through both movies of a double feature. Then, the theatre would show the same two movies again after that. If you wanted to, you could sit through them twice. Most people did not do that, but the manager at our theatre, Mr. Bellow, did not mind if you did. That particular day, my brother and I sat through both movies twice, trying to escape the heat. We sat and watched *The Music Man*, followed by *The Man Who Shot Liberty Valance*. We'd already seen the second movie once before. **It** had shown at the theatre since January, because Mr. Bellow loved anything with John Wayne in it. Watching it again was better than going outside, and at least *The Music Man* was new to us. We left the theatre around 8 PM, just before the evening shows began. We returned the next day and saw the same two movies again, twice more. And we did it the next day too.

Finally, on the fourth day, the heat wave broke. Still, to this day I can sing half the songs in *The Music Man* and quote half of John Wayne and Jimmy Stewart's dialogue from *The Man Who Shot Liberty Valance*! Those memories are some of the few I have of the heat wave of 1962.

A. Choose the correct answer from a, b, c, and d:

1- What is the main idea of the 3rd paragraph?

- a. Why movie theatres were important during the hot days.
- b. What kind of movies they watched.
- c. The effects of childhood memories.
- d. The importance of drug stores.

2- The **OPPOSITE** of the underlined word “**scorching**” in the 2nd paragraph is:

- a- falling
- b- observing
- c- dropping
- d- freezing

3- The underlined word “**it**” in the 3rd paragraph refers to:

- a. the heat
- b. the theatre
- c. the second movie
- d. that particular day

4- Why wasn't the idea that the writer first suggested nice?

- a. Because the drug store didn't let children enter drug stores.
- b. Because there was no air conditioner in the drug store.
- c. Because the drug store wouldn't let people stay there for a long time.
- d. Because they wanted to watch a movie.

5- All the following statements are **TRUE, EXCEPT:**

- a. They boys watched the movies more than once.
- b. They didn't want to stay home.
- c. The weather was too hot during that day.
- d. The manager didn't like John Wayne's movies.

6- The purpose of the writer in writing the passage is to:

- a. tell the readers about the importance of going to the cinema.
- b. inform us about how movie theatres used to work.
- c. tell us about one of his memories during hot days.
- d. show us why childhood memories are important.

B. With reference to the passage, answer the following questions:

7- What happened on the fourth day?

.....
.....

8- Why did the writer and his brother decide to leave the apartment ?

.....
.....

GRADE 10 – UNIT FIVE – SUMMARY MAKING

- Read the following passage, then do as required:

Many students find that preparing for each individual class for 60-90 minutes per day will leave them well prepared for the real exam. Experts think that students should not cram at the last second. They would recommend that students should keep their ears open in class. Their teachers will sometimes tell them about the exam study strategies. They should be in class every day to receive such help. They insist that students review their class notes on a regular basis. If a student follows these remarks well, he or she will definitely get many A's in his or her exams.

In a paragraph of FOUR sentences ONLY, summarize and paraphrase the above passage in answer to the following question:

What are the best pieces of advice to get many A's?

.....

.....

.....

.....

.....

.....

.....

.....

	Content/ relevance of ideas	Paraphrasing	Spelling and grammar	Format	Total
	30	20	5	5	60

- Copying the whole paragraph receives ZERO.
- Exceeding the required number of sentences (Minus 5 marks for one sentence / Minus 10 for two sentences and above.)

GRADE 10 – UNIT FIVE – TRANSLATION

Translate the following into good English:

على: إن الكويت أول دولة في منطقة الخليج تنشئ نادي رياضي للمعاقين.
أحمد: معك حق.

.....
.....

حمزة : أقيمت الدورة الاولمبية في العاصمة الصينية في عام 2008
ياسر : كانت رائعة وقد شارك بها رياضيون من 148 دولة في عشرين رياضة مختلفة.

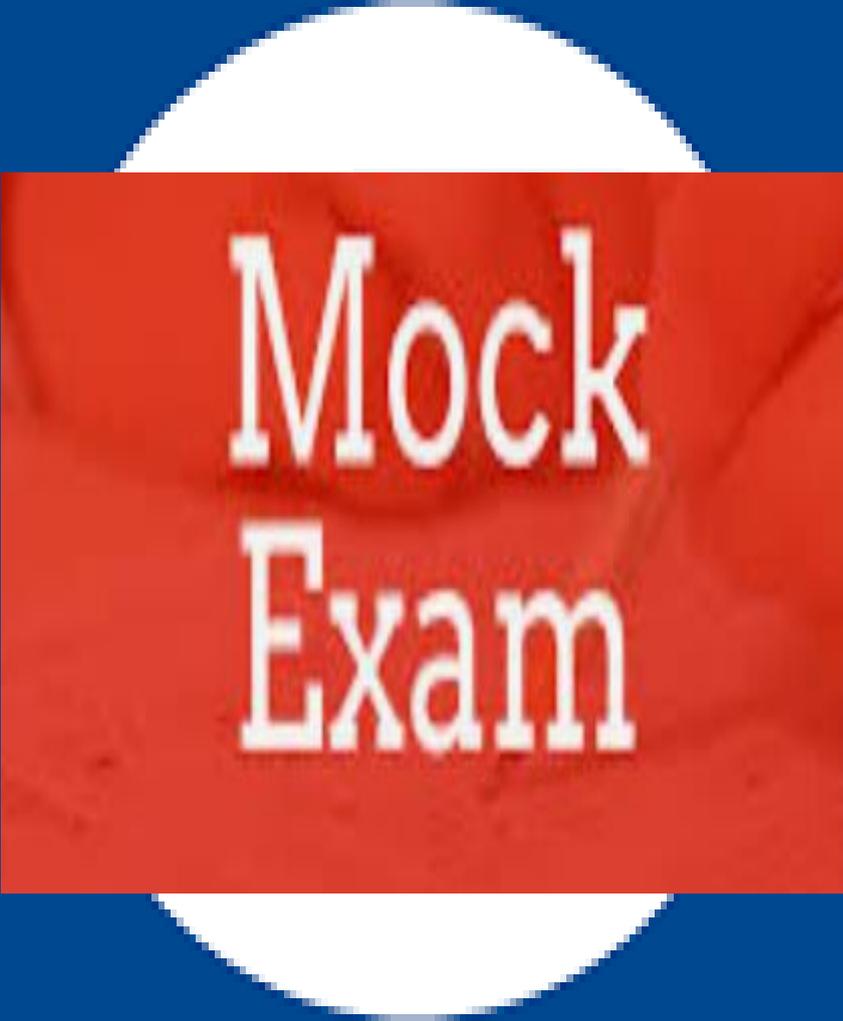
.....
.....

يوسف : يكون الشخص المنطوي في العادة خجولاً ويفضل الرياضات غير العنيفة.
راتب : و بالإضافة إلى ذلك ، لا يفضل العمل ضمن فريق .

.....
.....

علي : إن التحفيز ، خصوصاً في مجال الرياضة ، هو كل شيء.
أسامة : كلامك صحيح تماماً و المدرب هو من عليه أن يخلق الجو المناسب بملاحظاته الإيجابية.

.....
.....



Mock
Exam

MOCK EXAM

II-GRAMMAR (40 Marks)

A) From a, b, c and d, choose the correct answer that best completes each of the following sentences: (4 x 5 =20 Ms)

11. bags should be recycled for the sake of our environment.
 a. Black small plastic
 b. Small black plastic
 c. Plastic small black
 d. Plastic black small
12. In Britain, most people don't work..... Sundays.
 a. at
 b. in
 c. on
 d. for
13. I like living in the countryside. It's..... than living in a town.
 a. more peaceful
 b. peaceful
 c. most peaceful
 d. the most peaceful
14. My uncle has been very busyhe came from holiday
 a. yet
 b. for
 c. ago
 d. since

B) From a, b, and c, choose the correct answer as required: (4x 5= 20 Ms)

15. When you use more electricity, you will pay more money. **(Complete)**
 a- The more electricity you use, the more money you will pay.
 b- The more electricity you use, the more you will pay money.
 c- The more electricity you use, the money more you will pay.
16. It started raining at 5 o'clock in the morning. **(Ask a question)**
 a- When does it start raining?
 b- When did it start raining?
 c- When will it start raining?
17. My sister (watch) television when the phone rang. **(correct the verb)**
 a- My sister watches television when the phone rang.
 b- My sister was watching television when the phone rang.
 c- My sister is watching television when the phone rang.
18. I live in a flat with three bedrooms. **(Use a compound adjective)**
 a- I live in three-bedrooms flat.
 b- I live in a three-bedrooms flat.
 c- I live in a three-bedroom flat.

III- LANGUAGE FUNCTIONS (40 Marks)

Write what you would say in the following situations: (4 x 10=40 Ms)

19. A friend of yours wants to know your plans for the next mid-year holiday.

.....

20. Your younger brother is fond of watching scary movies.

.....

21. Your friend wants to join the Police Academy, but he is overweight.

.....

22. Your father refuses to let you go camping with your friends.

.....

IV- SET- BOOK QUESTIONS (30 Marks)

Answer only (THREE) of the following questions: (3X10=30 ms)

23. Why should we eat homemade meals and avoid fast food?

.....

.....

24. What has Kuwait done to further the culture of peace?

.....

.....

25. Why is the National Assembly Building in Kuwait a famous building worldwide?

.....

.....

26. What is the importance of the Paralympics?

.....

.....

V- WRITING (100 Marks)**Write on the following topic: (Expository)**

“Mobile is becoming not only the new digital centre, but also the bridge to the physical world.”

Mobile applications have gradually made mobile phone users forget about computer games.

Plan and write an essay of not less than 12 sentences (140 words) about **the benefits of these applications and how they have changed our daily behaviour.**

Outline (20 Marks)

Introduction:

.....

.....

.....

Body

Paragraph (1).....

.....

.....

.....

Paragraph (2).....

.....

.....

.....

.....

Conclusion:

.....

.....

.....

.....

VI- READING COMPREHENSION: (80 Marks)**Read the following passage carefully, then answer the questions below:**

If you're feeling down or mentally tired, your phone – which is probably always on and in your hand – might be the problem. A new study has linked feelings of worry, anger, and depression with growing use of smartphones and other devices.

As smart as phones may be these days, teens basically don't know when to stop. To protect your mental health, experts say you must develop ways of **diminishing** their usage. Cleverly, that involves limiting notifications, deleting some applications, or simply turning smartphones off.

Jean Twenge, psychology professor at San Diego State University, has written a lot on young people and mental health. She recently released a study that shows a link between the use of smartphones and growing rates of depression among teens. The study revealed that teens feelings of sadness and negative thoughts had gone up by 12 per cent between 2010 and 2017. Nearly half of the teens who spend five or more hours a day on a smartphone have mixed feelings of anger and sadness compared to 28 per cent of those who spend less than an hour a day on a device.

'These days, teens can never just step away from social media', said Brian Nolan, a social worker at a secondary school in the US state of Illinois. When your parents were at school they could go out with their friends during the day, and they would relax with their family at night. There was balance. But smartphones don't give that break. The continuous fear of missing out, or the need to feel included, keep teens connected. 'A recent study shows that we touch **them** about 2,500 times a day on average. To tell a student you can't use it is the same as saying you can't eat. That may sound extreme but that's the reality', Nolan said.

School social workers, as well as health experts at hospitals, confirm they are seeing a rise in signs of depression and worry among teens. But they also say, there are things teens, their parents, and professionals can do to help lower the risks. They say that the best way to fight this is to discuss healthy ways to use smartphones.

A) From a, b, c and d, choose the correct answer: (6 x10= 60 ms)

27. The best title for the passage could be:
- Teens and Free Time
 - Technology and Schools
 - Smartphones and Notifications
 - Smartphones and Depression
28. The opposite of the underlined word **diminishing** in the 2nd paragraph is:
- spending
 - increasing
 - including
 - mixing
29. What does the underlined word **them** in the 4th paragraph refer to?
- parents
 - teens
 - smartphones
 - friends
30. A recent study shows that teens:
- prefer eating to using smartphones.
 - can step away from social media.
 - touch their smartphones about 2500 times a day.
 - can go out with their friends during the day and night.
31. All the following statements are **TRUE** except:
- There are healthy ways to use smartphones.
 - Parents can do nothing about smartphones risks.
 - If you are feeling down your mobile might be the problem.
 - Jean Twenge released a study on young people and mental health.
32. The writer wrote this passage to:
- explain the different uses of smartphones.
 - persuade people to use new applications.
 - inform readers about the positive uses of smartphones.
 - show the link between using smartphones and depression.

B) With reference to the passage, answer the following questions: (2x10=20 ms)

33. How can you avoid the negative effects of using smartphones?

.....

34. Why do teens keep connected to their smartphones all the time?

.....

VII - SUMMARY MAKING (60 Marks)**Read the following passage then do as required:**

The bicycle has gone through one full circle of development already. It began as a toy for rich people. Then it was a means of transportation. Now, the bicycle is becoming popular as a means of transportation once more.

There are several reasons for the new popularity of bicycles. They save fuel that cars use. Another reason is the need to keep the environment clean. The third reason is a desire for exercise. The last reason is that they decrease stress levels. Americans are one group of people who are leaving their cars at home.

In a paragraph of FOUR sentences ONLY, summarise and paraphrase the above passage in answer to the following question:

What are the reasons for the new popularity of bicycles?

Rubric	Content / relevance of ideas	Paraphrasing	Spelling and grammar	format	Total
	30	20	5	5	60

VIII- TRANSLATION

Translate the following into good English: (2x10= 20 ms)

أحمد: لقد كانت دولة الكويت الدولة الأولى في منطقة الخليج اهتماما بالمعاقين.
فهد: هذا صحيح فقد أسست ناديا رياضيا لهم عام 1977.

End of Questions